## **COLORADO NATIONAL GUARD BIATHLON**

WHO: Aspiring Biathletes

<u>WHAT:</u> Safety Certification Clinic <u>WHEN:</u> Sat, October 6, 2012

WHERE: Snow Mountain Ranch/
YMCA of the Rockies Nordic Center
WHY: Learn procedures and rifle

safety needed to participate on the Colorado National Guard Biathlon

Team.

**BACKGROUND:** All Biathlon team members are required to receive Biathlon Safety Certification in accordance with U.S. Biathlon Assoc. bylaws. This course sets the foundations for a safe season of skiing and shooting.

## **Notes from the Coach:**

We are looking for extremely motivated soldiers to join the #1 NG Biathlon Team in the Western Region. Biathlon certification is the first step in learning the oldest winter Olympic sport, combining the world's toughest endurance sport of cross country skiing with precision marksmanship.

For more information go to:
<a href="https://www.coloradobiathlon.org/">www.coloradobiathlon.org/</a> and
<a href="https://www.facebook.com/ColoradoNationalGuardBiathlonTeam">www.facebook.com/ColoradoNationalGuardBiathlonTeam</a>





- 1: SPC Fletcher takes the pack in the women's pursuit race.
- 2:Team member engages his target with a heart rate of 165 BPM.
- 3: Team photo from CBC races at Snow Mountain Ranch Biathlon Range.
- 4: Photo from Denver Post last season.

